

Lesson for Middle School: Where did you grow those cookies?

Overview: Write a *recipe* report on a recipe that uses **wheat** flour. Students will explore a family tradition to explore the agricultural connection to the crop.

Lesson	Time	Essential Questions	Activity	Conclusion
<i>Where Did You Grow Your Cookies?</i>	2 class periods	What is Wheat? What can you make from wheat? What is a recipe you have in your family using this ingredient? Why is it important to support the growth of wheat for food?	Class 1: Review Background on wheat production, what we make from wheat. Background Slides HERE Students will then brainstorm a list of 5 dishes they make in their house, using traditions to guide their final choice. Class 2: Students will write a 2–3 page recipe report exploring the following: <ol style="list-style-type: none">1. Recipe and a list of ingredients2. History (origin)3. Why it is important to them	Students will understand wheat as an important crop in traditional foods and foods we consume today. They will identify a recipe in their family and explore the history and tradition of that recipe. Students will use descriptive language in order to tell a story and make a connection to the crop within our food system.

Resources:

[History of Wheat Slides](#) by Earthday.org